

Swede

Vegetable



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Suggested varieties: *Helenor, Marian, Willhemsburger*

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PLANT



Regularly sow seed 1cm deep in rows 30-40cm apart. Thin seedlings in several stages to 20cm. Choose fertile moist soil in sunny site

GROW



Remove weeds by hand. Water in dry weather to prevent roots becoming woody. Roots may also 'split' if left dry for too long and then watered

EAT



Dig up as required when roots are 10-15cm in diameter. Harvest remainder by December as roots become woody if left; can store inside over winter in trays in a cool place

Growing guide

Easy!

Average time to harvest

20-26 weeks

Equipment needed

None

Germination time

6-10 days

Average plant size

25cm tall, 30cm wide

Family group to grow with

Brassica: cauliflower, turnip

Seed saving group

4 - Biennial, needs isolation

Key nutritional content

Vitamin C

Spring Term			Summer Term				Autumn/Winter Term				
J	F	M	A	M	J	J	A	S	O	N	D

■ Sow indoors

■ Sow outdoors

■ Plant out/transplant

■ Harvest



Use cloche

2.5cm = 1 inch 30 cm = 1 foot