

Tomato, Indoor



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Vegetable

Suggested varieties: *Yellow Pear (small)*; *Alicante, Ailsa Craig (medium)*

PLANT



Sow seed 0.1 cm deep in pots. Repot if needed. Transplant into large pots when first flowers open. Choose tall single stem ('cordon') or bush varieties

GROW



Keep soil moist. Use tomato feed. Tie main stem to a stake. Remove side shoots from cordons (not bushes) and yellowing leaves. Ventilate greenhouse

EAT



Remove growing tip after seven 'trusses' set or when plants reach top of greenhouse (cut two leaves above the top truss). Pick when fully coloured

Growing guide

Give it a go...

Average time to harvest

12-16 weeks

Equipment needed

Stakes, twine, feed

Germination time

8-11 days

Average plant size

30-150cm tall, 30cm wide

Family group to grow with

Solanaceae: aubergine, potato

Seed saving group

I - Annual, self-pollinating

Key nutritional content

Vitamin C and vitamin A

Spring Term			Summer Term				Autumn/Winter Term				
J	F	M	A	M	J	J	A	S	O	N	D

■ Sow indoors

■ Sow outdoors

■ Plant out/transplant

■ Harvest



Use cloche

2.5cm = 1 inch 30 cm = 1 foot