

# Asparagus Pea

Vegetable



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Suggested varieties: *Tetragonolobus purpureus* (botanical name)

## PLANT



Sow seed 1cm deep in pots and transplant, or sow in single or double rows. Space plants 15x30cm apart. Choose fertile soil in sunny site

## GROW



Avoid making young plants too wet; they are slow to develop and prone to rotting. Water plants after flowering starts to make pods more tender

## EAT



Regularly cut off pods when 2-3cm long. Longer pods are stringy. Pods are easier to pick in the evening as the leaves fold downwards

## Growing guide

Give it a go...

## Average time to harvest

8-10 weeks

## Equipment needed

None

## Germination time

21 days

## Average plant size

60cm tall, 15cm wide.

## Family group to grow with


Legumes: beans, peas


## Seed saving group

2 - Annual, can cross-pollinate

## Key nutritional content

Vitamin C, folate

Spring Term			Summer Term				Autumn/Winter Term				
J	F	M	A	M	J	J	A	S	O	N	D
											

■ Sow indoors   
 ■ Sow outdoors   
 ■ Plant out/transplant   
 ■ Harvest   
  Use cloche

2.5cm = 1 inch    30 cm = 1 foot