

# Chervil

Herbs



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Suggested species: *Anthriscus cerefolium* (botanical name)

## Herbs

### PLANT



Regularly sow seed 0.1 cm deep in rows, thinning seedlings to 20cm apart. Plants dislike being transplanted. Choose well drained fertile soil in partial shade

### GROW



Water well in dry weather to help avoid plants flowering prematurely ('bolting'). Cover summer sown plants with horticultural fleece in autumn for later harvest

### EAT



Pick leaves before flowers open and when stems are about 10cm tall, usually used fresh or stored by freezing. Can crop throughout winter

### Growing guide

Easy!

### Average growing period

6-8 weeks

### Equipment needed

Horticultural fleece

### Germination time

7-14 days

### Average plant size

60cm tall, 30cm wide

### Family group to grow with

Apiaceae: dill, fennel

### Seed saving group

2 - Annual, can cross-pollinate

### Key nutritional content

Dried: calcium, iron, zinc

Spring Term			Summer Term				Autumn/Winter Term				
J	F	M	A	M	J	J	A	S	O	N	D

■ Sow indoors

■ Sow outdoors

■ Plant out/transplant

■ Harvest

■ Use cloche

2.5cm = 1 inch 30 cm = 1 foot