

Hungarian grazing rye



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Suggested species: *Secale cereale* (botanical name)

PLANT



Sow seed at 18g/m² by scattering on soil surface; rake and tamp down. Can also sow in rows 15cm apart. Grow in any area, ie any time during rotation. Suits most soils

GROW



Grows vigorously. Suppresses weeds. Best at stopping nutrients leaching from soil overwinter. Deep roots also improve drainage in heavier clay soils by breaking up lumps

DIG



Cut down or mow before flowering (buds form at plant base) or about 45cm tall; then dig in whole plant from April. Can inhibit germination of next crop up to six weeks after digging in

Growing guide

Easy!

Average growing period

From 24 weeks

Equipment needed

None

Germination time

7-14 days

Average plant size

45cm tall, 20cm wide

Family group

Miscellaneous

Seed saving group

I - Annual, self-pollinating

Key nutritional content

Not eaten

Spring Term			Summer Term				Autumn/Winter Term				
J	F	M	A	M	J	J	A	S	O	N	D

■ Sow indoors
 ■ Sow outdoors
 ■ Plant out/transplant
 ■ Cut down/dig in

2.5cm = 1 inch 30 cm = 1 foot