

Phacelia



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Suggested species: *Phacelia tanacetifolia* (botanical name)

PLANT



Sow seed at 1g/m² by scattering on soil surface; rake and tamp down. Can also sow in rows 15cm apart. Grow in any area, ie any time during rotation. Suits most soils

GROW



Establishes quickly. Suppresses weeds. Stops nutrients leaching from soil between harvest in warmer months. Purple flowers attract beneficial insects

DIG



Cut down or mow before digging in four weeks before soil needed and before plants set seed. Can leave overwinter after frost kills leaves. Frost may kill plants

Spring Term			Summer Term				Autumn/Winter Term				
J	F	M	A	M	J	J	A	S	O	N	D

Sow indoors

■ Sow outdoors

■ Plant out/transplant

■ Cut down/dig in

Growing guide

Easy!

Average growing period

4-12 weeks; may overwinter

Equipment needed

None

Germination time

7-12 days

Average plant size

Up to 30cm tall, 20cm wide

Family group

Miscellaneous

Seed saving group

I - Annual, self-pollinating

Key nutritional content

Not eaten

2.5cm = 1 inch 30 cm = 1 foot