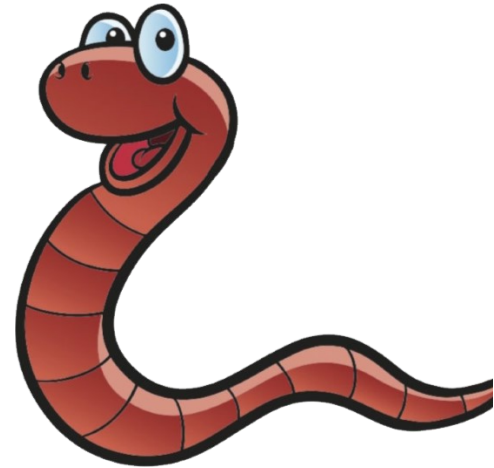


# Caring for your wormery

**This poster is to support schools, businesses, organisations and individuals who have made their own 3 box desktop wormery.**

- Leave for 2 weeks first to get used to their new home, then start adding food
- Check every few days and add food little and often
- Add shredded paper and cardboard so that it stays 'aerobic' (so air can get round your wormery)
- Putting newspaper or cardboard on top will keep in moisture & keep out light
- Check on liquid levels at bottom and empty regularly
- Ideal temperature range 12 – 25°C
- It should feel damp – not too dry and not too wet. If too dry, add more food waste. If too wet, add more paper.
- Worms don't like the light, so only leave the lid off for a short while and keep out of direct sunlight
- The lovely, crumbly worm compost ('vermicompost') in the middle layer should be worm free.
- If not, pile compost into a pyramid and skim off the surface layers as worms will bury down to avoid the light.
- Your empty box becomes your new top layer & your old top layer becomes your new middle layer.



## What to feed your worms

### YES

Bread, cake, cardboard, coffee grounds, cooked veg, egg boxes, egg shells, newspaper, pastries, pasta, pet bedding (must be vegetarian e.g. gerbil, hamster, rabbit), rice, soft prunings & plant debris, tea leaves & bags (non-plastic), used kitchen paper, (non-plastic, no meat juices), veg/fruit peelings

### NO

Autumn leaves, biscuits, citrus peel, convenience food with lots of preservatives, crisp packets, dairy products, dog/cat poo, drink cartons (e.g. Tetrapak), glass, grass cuttings, meat/fish scraps, metal, onion, plastic, salty or spicy food, wood

[www.gardenorganic.org.uk](http://www.gardenorganic.org.uk)

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