

# Get involved

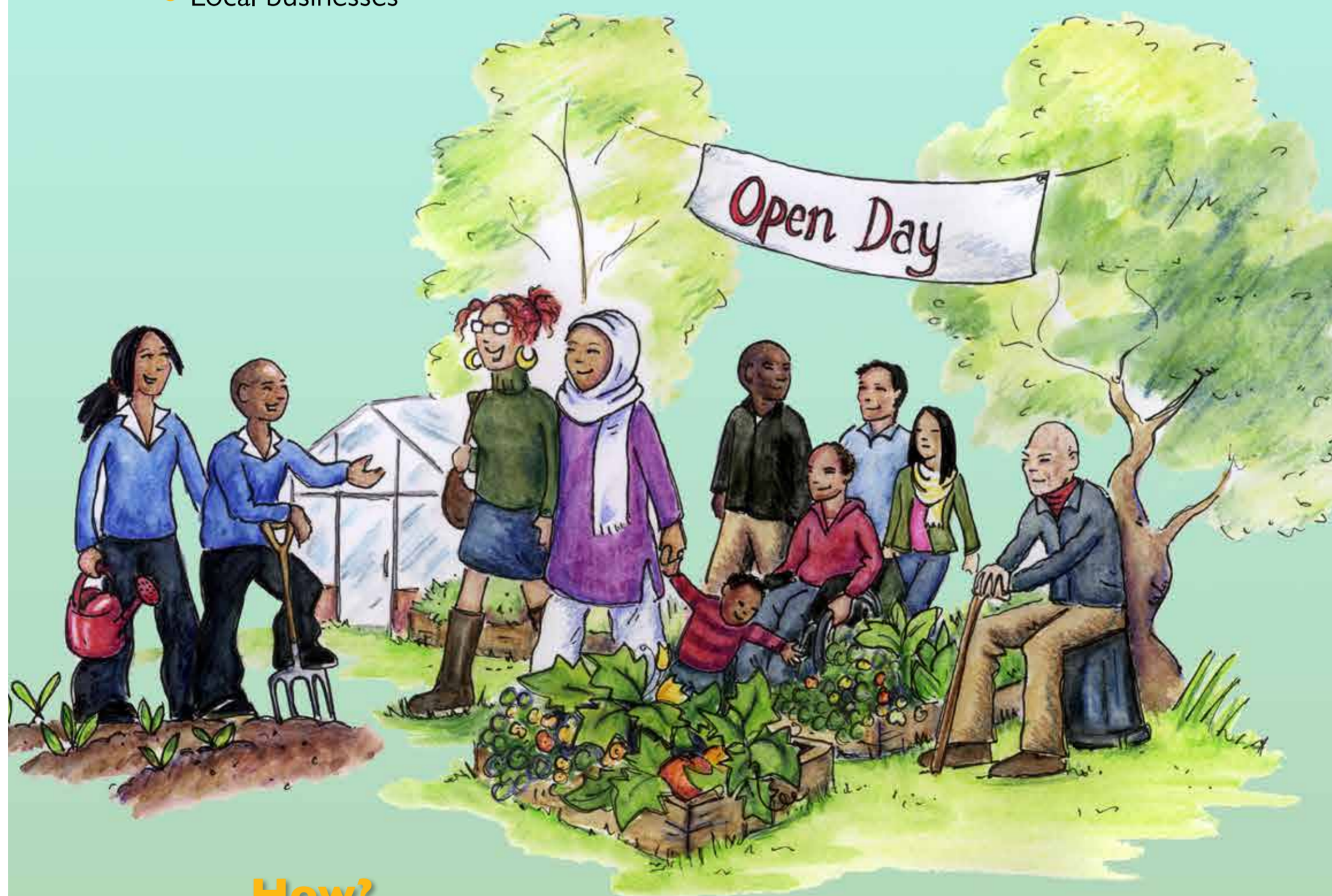
## Support the school and its community in sustainable food growing

### Who?

- Pupils
- Teachers
- School support staff
- Neighbouring schools
- Parents and other family
- Community groups
- Allotments and farms
- Local businesses

### Why?

- Share knowledge and skills
- Learn more about where food comes from and healthy eating
- Keep fit with fresh air and exercise
- Learn life skills, eg teamwork
- Take positive action



### How?

- Pupils pass on gardening tips to their family and start growing at home
- School produce show, linking with local allotment society
- Family participation day, eg help pot up containers or plant an orchard
- Prepare and eat fresh organically grown produce with the community
- Members of school and wider community help regularly in the school garden, eg care through the holidays

Register your interest to support school growing with the contact below:

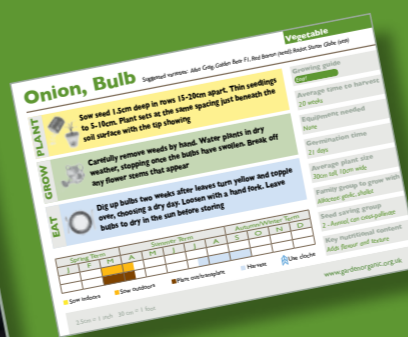
Illustrations: Verity Thompson

## Further information

Booklets: Bronze, Silver and Gold

Food Growing Instruction Cards

[www.gardenorganic.org.uk/schools](http://www.gardenorganic.org.uk/schools)



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