

Tarragon

Suggested species: *Artemisia dracunculus* (French); *Artemisia dracunculoides* (Russian)

PLANT



Plant bought French tarragon or use 'rooted cuttings' taken in summer (7cm long shoots). Can only sow seed of Russian tarragon. Choose well drained soil in sunny site

GROW



Cut back shoots to encourage lush growth. Remove flower spikes to prolong leaf production. Protect French tarragon with horticultural fleece in colder winters

EAT



Pick leaves before flowering for use fresh or freezing. Plants crop year after year. Dig up and split every two years to maintain vigour

Growing guide

Give it a go...

Average growing period

From 12 weeks

Equipment needed

Horticultural fleece

Germination time

7-14 days

Average plant size

Up to 90cm, 45cm wide

Family group to grow with

Asteraceae: lettuce, chicory

Seed saving group

5 - Specialist or not applicable

Key nutritional content

Fresh: calcium

| Spring Term | | | Summer Term | | | | Autumn/Winter Term | | | | |
|-------------|---|---|-------------|---|---|---|--------------------|---|---|---|---|
| J | F | M | A | M | J | J | A | S | O | N | D |
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Sow indoors
 Sow outdoors
 Plant out/transplant
 Harvest

 Use cloche

2.5cm = 1 inch 30 cm = 1 foot

Tarragon

Herbs

