

# Hungarian grazing rye

## Green Manures

Suggested species: *Secale cereale* (botanical name)

### PLANT



Sow seed at 18g/m<sup>2</sup> by scattering on soil surface; rake and tamp down. Can also sow in rows 15cm apart. Grow in any area, ie any time during rotation. Suits most soils

### GROW



Grows vigorously. Suppresses weeds. Best at stopping nutrients leaching from soil overwinter. Deep roots also improve drainage in heavier clay soils by breaking up lumps

### DIG



Cut down or mow before flowering (buds form at plant base) or about 45cm tall; then dig in whole plant from April. Can inhibit germination of next crop up to six weeks after digging in

### Growing guide

Easy!

### Average growing period

From 24 weeks

### Equipment needed

None

### Germination time

7-14 days

### Average plant size

45cm tall, 20cm wide

### Family group

Miscellaneous

### Seed saving group

I - Annual, self-pollinating

### Key nutritional content

Not eaten

Spring Term			Summer Term				Autumn/Winter Term				
J	F	M	A	M	J	J	A	S	O	N	D

■ Sow indoors

■ Sow outdoors

■ Plant out/transplant

■ Cut down/dig in

2.5cm = 1 inch 30 cm = 1 foot

[www.gardenorganic.org.uk](http://www.gardenorganic.org.uk)

# Hungarian grazing rye

Green Manures

